



Worksheet 3

Jamie's Secret

Keeping Secrets

1. Have you ever had a secret that you didn't want to tell?

2. Did you finally tell someone about it?

3. If so, who did you tell?

4. Choose five people in your life that you can trust your secrets to.

I choose _____

because _____

I choose _____

because _____

I choose _____

because _____

I choose _____

because _____

I choose _____

because _____

Trace your hand on a piece of paper and write the names of these five people on your fingers and thumb. Remember them the next time you have a problem or need advice about something.